

STIGMA FREE MENTAL HEALTH RESOURCES

<u>AFFILIATION</u>	<u>NAME</u>	<u>Telephone/Email/website</u>
TREATMENT PROVIDERS		
New Bridge Medical Center Mental Health and Addiction Services	Deborah Visconi Donna Lee Corrieri Lisa Centeno	201-967-4000 dvisconi@newbridgehealth.org DCorrieri@newbridgehealth.org lcenteno@newbridgehealth.org
Bergen's Promise	Sheila Foster Kathy Weirheim	sfoster@bergen'spromise.org kweirheim@bergen'spromise.org 201-712-1170
Bergen County ASAP Addiction Services	John Zellar	201-336-7359 JZellars@co.bergen.nj.us
Care Plus 24 Hour Crisis Hotline/	HOTLINE	201-262-HELP
Children's Mobile Crisis Unit and Stabilization Response	Jaime Arlia	To access services call: 1-877- 652-7624 jaimed@careplusnj.org
Care Plus of NJ Traumatic Loss Coalition	Sue Heguy	201-797-2660 x110 201-986-5000 SueH@careplusnj.org
Good Samaritan Hospital	Jenna Mckean	jenna_mckean@bshsi.org
Hearts and Crafts Counseling @ Bergen County Counseling	Laura Hudson Samantha Tinter	201-818-9399 laura@heartsandcraftscounseling.org Samantha@heartsandcraftscounseling.org
High Focus Centers - Psychiatric Program High Focus Centers – Drug Alcohol Program	Kim Weidner	800-877-3628 201-291-0055 dgellman@highfocuscenters.com kweidner@highfocuscenters.com
STRIVE Treatment Center	Samantha Santo Ben Knafo	201- 565-2920 ssanto@strivecares.org bknafo@strivecares.com
New Pathway Counseling Services	John Mishaud	Main 201-436-1022 jmichaud@newpathway.com
The Counseling Center at Fairlawn	Marc Wurgaft	201-797-0001 mwurgaft@thecounselingcenter.com
Team Management 2000 Inc. West Bergen Mental Health	Andrea Reese Pat Sudol Mary Davey	1-800-739-4205 psudol@westbergen.org mdavey@westbergen.org 201-444-3550
Pascack Mental Health	Jorge Becerra	201-391-1355 pascackmhc@aol.com
Kinderkamack Counseling YWCA Healing Space A Sexual Violence Resource	Pam Martorana Samantha Ross Megan Gluchoski	201-982-3846 Hotline 201-487-2227 megan@ywcabergencounty.org splotino@ywcabergencounty.org
Nyack Hospital Addiction and Recovery	Karen Hertz	845-348-2000/ 845-348-6773 HertzK@nyackhospital.org

COMMUNITY RESOURCES		
Hills Valley Coalition Coordinator Hills Valley Coalition Asst. Coordinator	Gale Mangold Danielle Casolaro	gmangold@pascack.org dcasolaro@pascack.org
NJ Recovery Advocates Recovery Coach	Lisa Gladwell Anne Earle	lisagladwell@aol.com annemearle@gmail.com
Family Support Organization of Bergen County	Lynne Bolson	lb@fsobergen.org Phone: (201) 796-6209 ext. 102
Bergen County Prevention Coalition	Samantha	bcpnj@cafsnj.org (201)-261-2800 x.7097
The Center for Alcohol & Drug Resources	Samantha	201-740-7112
Bergen County Office of Alcohol & Drug Dependency	Christine Hill County Municipal Alliance Coordinator	chill@co.bergen.nj.us 201-634-2744
Center For Hope and Safety	Elaine Myerson	201-666-7011/201-498-9247 x302
WCL Drug Recognition Expert HVC Law Enforcement Officers PV SRO	Det. Sean Hammel Det. Paul Brown SRO German Decena Det. Brian Lamendola Lt. John DeVoe	shammel@wclpd.com pbrown@wclpd.com gdecena@hillsdalepolice.com ahampton@hillsdalepolice.com jdevoe@rivervalenj.org
12-STEP MEETINGS/SUPPORT GROUPS		
Alcoholics Anonymous Hotline	24 hrs.	800-245-1377 or 908-687-8566
AIR Alumni in Recovery	Nancy	Alumniinrecovery@gmail.com
Families Anonymous Al-Anon	Richard/ Barbara Steve Janis	201-327-0748 stevem1226@gmail.com janispodesta@yahoo.com
Narcotics Anonymous Hotline Northern Regional NA	24 hrs.	732-933-0462 or 800-992-0401 http://www.nanj.org/meetings/
Nar-Anon	Russell	makuchr1259@gmail.com 551-265-7730
Council on Compulsive Gambling NJ	Daniel	Dan.Trolaro@800gambler.org 201-316-6160
Hope and Healing After An Addiction Death	Gail	Bcole5@aol.com 201-960-4146
NJ Mental Health Crisis Intervention Hotline	24 hrs.	609-261-8000
PVRHSD WELLNESS/SAC STAFF		
Pascack Valley High School Steven Myers, Ph.D., Christie Rossig	Psychologist - Wellness Counselor SAC - Student Assistance Counselor	smyers@pascack.org crossig@pascack.org

<p>Pascack Hills High School Gale Mangold, Ed.S</p> <p>Erica Franceski, Ed.M, LPC -</p>	<p>SAC - Student Assistance Counselor</p> <p>Wellness Counselor</p>	<p>gmangold@pascack.org</p> <p>efranceski@pascack.org</p>
ONLINE RESOURCES		
<p>NAMI National Alliance on Mental Health</p>	<p>HelpLine Monday-Friday, 10:00 a.m.-6:00 p.m., EST (800) 950-6264</p>	<p>https://www.nami.org/getattachment/Press-Media/Press-Releases/2020/COVID-19-and-Mental-Illness-NAMI-Releases-Important/COVID-19-Updated-Guide-1.pdf?lang=en-US</p>
<p>Crisis text line: Feeling anxious?</p>		<p>https://www.crisistextline.org/blog/covid-19-update</p>
<p>COVID-19 FACT SHEET</p>		<p>Parent/Caregiver Guide to Helping Families Cope (from NCTSN)</p>
<p>CDC Center for Disease Control Resources</p>		<p>Resources from the CDC – COVID19</p>